It's Time to Spring into Health, [% member:name_first default="Friend" %]!

We hope your year has gotten off to a healthy start! We are proud to say that ours has been extremely busy and exciting! HealthStart is happy to announce that we are officially finished with all nine units of Health Education for Youngsters (HEY!). For all of you social networkers out there, we have also been very involved on Facebook, Twitter, and our newly established Pinterest account! From H.E.B. field trips to Amplify Austin, it’s safe to say that this year has already proven to be a good one!

Amplify HealthStart

Amplify Austin was a great opportunity for us. This 24-hour philanthropy event gave us a chance to come together as a community and show the world that Austin is full of people that love supporting a good cause! We ended up raising a total of $___, which will go towards educating as many children as possible about the importance of health. Thank you to everyone who donated and helped us achieve our goal!

Getting Involved

On January 25th, HealthStart and children from The Martin House went on a field trip to H.E.B., giving them a chance to explore all of the healthy foods they have been learning about in the classroom! Everyone had a great time making their way through the store, and the trip ended with all of the kids singing "The Brain Song" for the store manager.

We also had a chance to participate with the Association of Fundraising Professionals and the Texas Public Health Coalition.

Introducing: I <3 HS

Before heading into Summer, HealthStart will be hosting a wine tasting event called "I <3 HS" on April 28th. This event will be taking place at The Red Room Lounge, and will include a silent auction, dinner, and of course some wine tasting.